

## JUDGMENT FREE ZONE

Help is available! We understand that substance abuse is a complex issue that requires complete, comprehensive treatment. We'll work with everyone involved as we help our patients and their loved ones work toward overcoming the grip of substance use and addiction disorders.

## INPATIENT SUBSTANCE ABUSE DISORDER

treatment also available  
for adults age 18+

Lake Shore Health Care Center  
845 Routes 5 & 20  
Irving, NY 14081  
**716-951-7948**  
cdadmissions@tlchealth.org

Rapid Access \* Private Rooms



## WARNING SIGNS OF ADDICTION

- Loss of control
- Neglecting activities and responsibilities
- Increased risk-taking
- Dramatic mood changes
- Relationship issues
- Changes in appetite or sleep patterns
- Secrecy
- Change of appearance (weight loss or gain, deterioration of physical appearance, etc.)
- Withdrawal symptoms (anxiety, shakiness, sweating, nausea, etc.)



## SUBSTANCE USE OUTPATIENT TREATMENT

Ages 13+

BROOKS-TLC HOSPITAL SYSTEM, INC.



CASSADAGA CHEMICAL DEPENDENCY CLINIC

**716-595-3355**

DERBY CHEMICAL DEPENDENCY CLINIC

**716-947-0316**

WWW.TLCHEALTH.ORG

Printed 10/19

CASSADAGA CHEMICAL DEPENDENCY CLINIC

**716-595-3355**

DERBY CHEMICAL DEPENDENCY CLINIC

**716-947-0316**

WWW.TLCHEALTH.ORG

CASSADAGA CHEMICAL DEPENDENCY CLINIC

**716-595-3355**

DERBY CHEMICAL DEPENDENCY CLINIC

**716-947-0316**

WWW.TLCHEALTH.ORG

## YOUR GOAL IS OUR GOAL

Brooks-TLC Substance Use Disorder Outpatient Clinic staff is dedicated to one key goal: integrating our clients back into their communities at an early stage in treatment. Our clinical team effort takes place in a safe, supportive and confidential environment that promotes and encourages rehabilitation.

## SERVICES OFFERED

- Medication assisted treatment (MAT) - Suboxone and Vivitrol
- Individual and group treatment sessions
- Therapy sessions with certified providers
- Transportation assistance

## COUNSELING

Our Derby and Cassadaga Clinics provide individual and/or group counseling to both adults and adolescents who need help maintaining a healthy recovery from drugs or alcohol use. We also provide DWI program services for individuals involved in the legal system due to DWI/DUA charges.



## GROUPS

- Adolescent Group
- DWI/DUI
- Recognition & Intervention
- Relapse Prevention
- Coping Skills
- Men's Group
- Women's Group
- Family Programming
- Opiate Group (MAT specific)
- Self-help Meetings



## LOCATIONS

**Cassadaga Chemical Dependency Clinic**  
33 North Main Street Cassadaga, NY 14718  
Monday - Friday  
**716-595-3355**

**Derby Chemical Dependency Clinic**  
7020 Erie Road Derby, NY 14047  
Monday - Friday  
**716-947-0316**

**For all medical emergencies dial 911**

## OUR METHOD

Brooks-TLC uses Evidence-Based Practice (EBP) methods in our substance use disorder treatment plans. EBP methods integrate clinical expertise and research evidence with patient goals and values in order to make appropriate, effective decisions about patient care.

- **Trauma-Informed Care (TIC)** is a treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma.
- **Motivational Interviewing (MI)** is a goal-oriented, client-centered method that helps facilitate and engage intrinsic motivation in order to change behavior and resolve ambivalence.



## OTHER SERVICES

- Supervised toxicology screenings
- Referrals & coordinated care with other disciplines
- Narcan™ (opiate overdose reversal medication) trained